

YOUR CONTACT LENS SPECIALIST





# Welcome to LCS

We are pleased you have chosen a **new concept in contact lenses** using the latest technology and innovation from LCS laboratories. EyeBrid Silicone lenses are **hybrid lenses**, which means they are made of two different materials; the central zone is made of a high oxygen permeable rigid material and the peripheral zone is made of a latest generation soft Silicone Hydrogel material. EyeBrid Silicone lenses are developed and produced in France by contact lens specialist LCS.

EyeBrid Silicone combines the comfort of a soft lens and the visual acuity and crisp vision of a rigid lens. EyeBrid Silicone also offers maximum security and ocular health of the cornea, thanks to the combination of a UV blocker in the central rigid material and a Silicone Hydrogel material that combine to give perfect oxygenation to maintain the ocular health of the eye.

EyeBrid Silicone lenses are designed for **daily wear** on a bi-annual replacement basis. The lenses must be removed, cleaned and immersed each day in a contact lens care solution. Daily wear contact lenses must be removed before sleeping. Do not wear your daily wear contact lenses while sleeping. Hybrid lenses have to be handled slightly differently compared to soft lenses; we therefore invite you to read this guide carefully and to follow the instructions in order to fully enjoy the advantages offered by your new EyeBrid lenses.



LENS HANDLING AND CARE
INSTRUCTIONS FOR WEARERS
OF HYBRID CONTACT LENSES





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#### Hand hygiene



Lens container

### Before each lens insertion

- Hand hygiene is the first step towards comfortable and safe contact lens wear. Before handling your lenses, wash your hands thoroughly with soap, rinse and dry with a clean towel.
- · Always put on your make-up after having placed the lenses on your eyes. It is recommended not to use eye pencil on the internal edge of the eyelid and to remove your make-up only after having removed your lenses in order to avoid any contamination.

# 2 Open the lens container

- · Before opening your lens container, check it is in good condition. The lens must be soaked in the solution. The lens must be cleaned before first use.
- · We advise that you make sure you have a clean and cleared area in front of you before inserting your lenses.

- Develop the habit of always starting with the same lens to avoid mix-ups; start with your right eye if you're right handed, start with you left eye if you're left handed.
- Scoop out the lens carefully with your fingertip and take care not to damage the lens with your nails.

# 3 Rinse your lens

- In case you handle your lens above a bathroom sink, make sure that the sink plug is in place.
- Place the lens in the palm of your hand and rinse it with the contact lens solution that is advised by your eye-care specialist in order to make sure the surface is free of any surface deposits. Never use tap water.



Lens rinsing

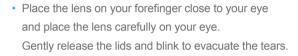




Checking the lens

# 4 Check your lens

 Check your lens is clean and in good condition (no surface deposits, no scratches or tares).
 In case the lens seems damaged, do not use and arrange to see your eye-care specialist.





Lens insertion



Eyelids open

# Open your eyelid

- · Use a mirror and lay it flat on a table or horizontal surface.
- Place your middle finger close to you lower eyelashes and pull down the lower lid. Use the middle finger of the other hand to lift the upper lid so as to avoid to blink.

# 6 Check your lens

 Make sure your lens is well centered on your eye.
 If you notice air bubbles, or in the case of lens decentration or discomfort, remove the lens, rinse and re-place it following same procedure.

Lens handling instructional videos are available at www.eyebridsilicone.com/wearers/instructions-wearers





Lens storage case and care products ready before removal



Lens removal

# Before each removal

- Before removing your lens, wash your hands carefully and make sure you have a clean contact lens storage case, a clean towel and your contact lens care products close at hand.
- Start off correctly by getting into the habit of always starting with the same lens to avoid any right/left mix-up.

# 2 Remove your lens

• Look at yourself in a mirror. Place your forefinger on the center of the lower lid and the forefinger of the other hand on the center of the upper lid in order to block the lens so that it won't move up during removal. Press lightly on your lower eyelid and move the eyelid up in order to lift the lens. The lens will first release from below, then it will completely release from the cornea and you can collect it between your thumb and forefinger.

- Be careful not to pinch the lens. It has to be handled with care. Be careful not to damage the lens with your nails.
- The lens must not stick on your eye. See your eye-care specialist in case removal is difficult. Removing a lens is a precise process that requires some patience and training. However, lens removal is easily mastered if you strictly follow the instructions
- A plunger may be used for lens insertion / removal.

Lens handling instructional videos are available at www.eyebridsilicone.com/wearers/instructions-wearers



Your
EyeBrid Silicone
contact lenses
require meticulous
care and have
to be renewed
bi-annually.
By looking after
your lenses
and following
the care instructions
you will guarantee
safe and
comfortable wear.

#### Cleaning your lens

- It is essential that you automatically always clean your lenses after you wear them.
- Before cleaning your lenses, empty and rinse out your storage case. Never reuse the remaining solution in your case, always use fresh solution each time you put your lenses in the storage case.
- When removing your lens, rub it between your thumb and your forefinger with a multipurpose solution or cleaning solution for soft lenses for about 20 seconds and then rinse the lens with a sterile saline solution. Never use tap water.
- Place the lens in its storage case and fill it with multipurpose solution. Do not forget to place the lens in the appropriate basket of the lens storage case; the right lens in the basket marked R (Right), the left lens in the basket marked L (Left).
- Leave the lenses immersed for at least 6 hours until their next use for a perfect decontamination.
- If you do not wear your lenses for a while, always replace the storage solution in the lens case with fresh multipurpose solution before wearing your lenses.
- Keep your lens cases clean and replace them at regular intervals.
   Speak to your eye-care practitioner for any further information.

### Lens care products

- For the daily care of your EyeBrid Silicone lenses, use either a peroxide solution or multi-purpose solution for soft lenses. Always carefully read the instructions of the solution you use.
- In case of oily tears you can use a soft contact lens cleaner when the lens is removed
  for storage. It is advised to thoroughly rinse the lens after the cleaning. The use of a
  protein cleaner for soft lenses is advised on a weekly basis.
- Your eye-care practitioner will advise you on the eye-care products that are indicated for your EyeBrid Silicone lenses.
   We encourage you to follow his instructions.





#### **Instructions**

- Always consult your eye-care practitioner before you first use EyeBrid lenses.
   We also advise that you regularly visit your eye-care specialist in order to check the lenses are still fitting correctly and are in good condition.
- Ocular complications due to lens wearing are rare if you follow the instructions
  of your eye-care specialist. However, if any one of the symptoms below occurs,
  remove your lenses immediately and consult your eye-care specialist:
  - A red or itching eye
  - A feeling of discomfort or soreness
  - An unusual change of vision
  - An increased sensitivity to light
  - Any watering of the eye or symptom of dry eye
- · If you feel any discomfort, remove your lens and rinse it with a rinsing solution.
- In case of pregnancy or use of certain medicines or eye-drops, wearing contact lenses may not be recommended; if unsure remove your lenses and consult your eye-care specialist.
- · Consult your eye-care practitioner before using an eyewash or eye rinse.
- Your contact lenses can become uncomfortable in dusty environments or if they are exposed
  to irritants such as a gas or liquids. Comfort of your contact lenses can be affected in the case
  of situations arising from certain professional activities, such as heat in industrial kitchens.
- Wearing EyeBrid lenses for water sports is not advised due to waterborne bacteria, present in rivers and swimming pools, which can lead to eye infections.

- A lack of oxygen to the cornea can lead to discomfort as in the case of prolonged physical effort or at high altitude. This can lead to the lens drying out on the eye which can damage the cornea under a contact lens.
- Contact lenses do not provide protection from direct hits (tennis or golf balls).
- The lens must never be allowed to dry out in storage and must be stored in solution and away from any sources of heat.

#### Lens container

Each lens is conditioned in a container with a decontamination solution.
 The following information figures on the label.

Name and address of the manufacturer



Refer to the leaflet inside



Commercial reference of the lens



Expiry date



Serial number of the lens



Notified body number



Do not use in case the packaging is damaged

€ European conformity with all relevant safety and security requirements



1st year of CE marking: 2012



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LENS HANDLING VIDEOS



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